

ALLES WALZER - A traditional Viennese Waltz Sequence Dance ©

Arranged by Shannah Birchenough & Phil Hughes 2016
Sequence Dance UK, 07712 445394

Time : 3/4

Tempo : Between 50 and 58 bpm

Suggested Music : Mignonette, track 8, Ballroom Classics 1 CD

: Blue Danube - Strictly Viennese Waltz - the Best of Dancesport CD, track 3

Commence in Closed Hold, Man facing, Lady backing LOD.

Bar		Footwork	Count
<u>Pendulum to Centre & Wall - Lady's Underarm Turn to Left Side Position (LSP)</u>			
1	LF to side facing LOD, moving to C RF draws to LF w/w facing LOD, moving to C, sway slightly to R RF almost closes to LF w/w facing LOD, moving to C, sway slightly to R	TH T T	1 2 3
2	RF to side facing LOD, moving to W LF draws to RF w/w facing LOD, moving to W, sway slightly to L LF almost closes to RF w/w facing LOD, moving to W, sway slightly to L	TH T T	1 2 3
3	LF to side facing LOD moving to C, lift L arm & release R arm preparing to turn Lady under (<i>Lady : RF fwd facing C, HT, turning 1/8 R under man's arm</i>) RF draw to LF w/w facing LOD, moving to C, turning lady under arm to R (<i>Lady : LF moves to RF w/w, to DC, T, 1/8 R turning under man's L arm</i>) RF almost closes to LF w/w, facing LOD, moving to C (<i>Lady : LF almost closes w/w, fac DC, turning 1/8R under man's L arm</i>)	TH T T	1 2 3
4	RF to side in LSP, facing LOD, moving to Wall (<i>Lady : LF side in LSP, facing LOD</i>) LF draws towards RF w/w, facing LOD, moving to Wall (<i>Lady : RF draws to LF w/w, fac LOD</i>) LF draws towards RF w/w, facing LOD, moving to Wall, extend R arm out to side (<i>Lady : RF draws to LF w/w, fac LOD, extend L arm out to side</i>)	TH T T	1 2 3
<u>Check to Partner and return to LSP - Lady's Solo to Shadow Position</u>			
5	LF to side facing DC (<i>Lady : RF side fac DW, TH</i>) RF draws to LF w/w facing DC (<i>Lady : LF draws to RF w/w, fac DW, T</i>) RF draws to LF w/w facing DC (<i>Lady : LF draws to RF w/w, fac DW, T</i>)	TH T T	1 2 3
6	RF to side in LSP facing LOD, moving to W (<i>Lady : LF side in LSP fac LOD, TH</i>) LF draws to RF w/w, facing LOD, moving to W (<i>Lady : RF draws to LF w/w, fac LOD, T</i>) LF draws to RF w/w, facing LOD, moving to W (<i>Lady : RF draws to LF w/w, fac LOD, T</i>)	TH T T	1 2 3
7	LF to side facing LOD, moving to C, keep both arms lifted preparing for shadow position (<i>Lady : RF fwd moving in front of man, fac W, HT</i>) RF draws to LF w/w, release hold (<i>Lady : LF side moving across man, back LOD, place LH in man's LH</i>) RF draws to LF w/w facing LOD (<i>Lady : RF almost closes to LF, turning strongly to R w/w, end fac LOD</i>)	TH T T	1 2 3
8	RF to side facing LOD, moving to W, LH to LH in shadow position (<i>Lady: RF to side fac LOD, TH</i>) LF draws towards RF w/w facing LOD, moving to Wall, collect lady with RH on lady's R side waist, sway slightly to L (<i>Lady: LF draws to RF w/w fac LOD, T</i>) LF draws towards RF w/w facing LOD, moving to Wall, sway slightly to L (<i>LF draw to RF w/w fac LOD, T, put RH over man's RH with as CLOSE contact as possible</i>)	TH T T	1 2 3

Bar**Footwork****Count****Man and Lady on same foot for bars 9 to 15****Forward & Backward Pendulum - Reverse Turn in Shadow Position - Backward**

9	LF forwards facing LOD, remaining in Close Right Side Shadow Position	HT	1
	RF draws to LF w/w facing LOD	T	2
	RF closes to LF w/w facing LOD	T	3
10	RF backwards backing LOD	TH	1
	LF draws to RF w/w backing ag LOD	T	2
	LF closes to RF w/w backing ag LOD	T	3
11	LF forwards (man : small step, lady : big step) facing DC	HT	1
	RF to side & sl back (man : big step, lady : small step) backing DW	T	2
	LF crosses in front of RF backing LOD	TH	3
12	RF backwards backing LOD	TH	1
	LF draws to RF w/w backing LOD	T	2
	LF closes to RF w/w backing LOD	T	3

Forward & Backward Pendulum - Reverse Turn in Shadow Position - Open PP

13	LF forwards facing ag LOD, remaining in Close Right Side Shadow Position	HT	1
	RF draws to LF w/w facing ag LOD	T	2
	RF closes to LF w/w facing ag LOD	T	3
14	RF backwards backing LOD	TH	1
	LF draws to RF w/w backing LOD	T	2
	LF closes to RF w/w backing LOD	T	3
15	LF forwards (man : small step, lady : big step) facing DW ag LOD	HT	1
	RF to side & sl back (man : big step, lady : small step) backing DW ag LOD	T	2
	LF crosses in front of RF backing ag LOD	TH	3
16	RF diag backwards (large step), backing DC ag LOD (<i>Lady : RF diag bwd, back DW ag LOD</i>)	TH	1
	LF draws to RF w/w backing DC ag LOD, attain R to L hand hold in Open PP (<i>Lady : LF side & sl back, small step, backing DW ag LOD</i>)	T	2
	LF closes to RF w/w facing DW (<i>Lady : RF closes to LF w/w facing DC</i>)	T	3

Inward & Outward turn x 2 (Forward Schmetterling)

17	LF forwards facing LOD	HT	1
	RF to side & slightly forwards facing DC, moving down LOD	T	2
	LF closes to RF facing DC, extend free arm outwards	TH	3
18	RF forwards facing LOD	HT	1
	LF side & slightly forwards facing DW, moving down LOD	T	2
	RF closes to LF facing DW, bringing free palms together	TH	3
19	LF forwards facing LOD	HT	1
	RF to side & slightly forwards facing DC, moving down LOD	T	2
	LF closes to RF facing DC, extend free arm outwards	TH	3
20	RF forwards facing LOD	HT	1
	LF to side & slightly forwards facing DW, moving down LOD	T	2
	RF closes to LF facing Wall, man L raised to attain L to R hand hold	TH	3

Bar		Footwork	Count
<u>Lady's Travelling Underarm Turn & Return (Man Chasse)</u>			
21	LF to side facing Wall, moving along LOD (<i>Lady : RF fwd fac LOD, HT</i>)	TH	1
	RF moves towards LF w/w facing Wall, moving along LOD (<i>Lady : LF side, turning strongly, back DC, T</i>)	T	2
	RF closes to LF facing Wall, moving along LOD (<i>Lady : RF almost closes w/w facing C, T</i>)	TH	3
22	LF to side, leaving RF extended to side, facing Wall	TH	1
	Hold position, extend free arm out to side, feeling a slight body rise	i/e T	2
	Hold position, extend free arm out to side, feeling a slight body rise	i/e T	3
23	RF to side facing Wall, moving against LOD (<i>Lady : LF fwd fac ag LOD, HT</i>)	TH	1
	LF moves towards RF w/w facing Wall, moving along LOD (<i>RF side, turning strongly to Left, backing DC ag LOD, T</i>)	T	2
	LF closes to RF facing Wall, moving against LOD (<i>Lady : RF almost closes w/w fac C, T</i>)	TH	3
24	RF to side facing Wall	TH	1
	LF moves towards RF w/w, facing Wall	T	2
	LF closes to RF facing Wall, attain R to R hand hold	TH	3
<u>Side Step - Bow/Curtsey to Neighbour - Side Step - Prepare for Natural Turns</u>			
25	LF to side pointing DW, retain R to R hand hold (<i>Lady : LF side ptg DC ag LOD, TH</i>)	TH	1
	RF starts to move to point forward w/w/, facing DW (<i>Lady : RF starts to move behind LF, w/w T</i>)	T	2
	RF continues to move to point forward w/w, facing DW (<i>Lady : RF continues to move behind LF w/w, fac C, T</i>)	T	3
26	RF point forwards, facing DW (<i>Lady : RF cross behind LF in curtsey position, fac DC ag LOD</i>)	o/e T	1
	Hold position, connect with neighbour's LH if close enough	WF (LF) o/e T (RF)	2
	Hold position, connect with neighbour's LH if close enough	WF (LF) o/e T (RF)	3
27	RF to side, pointing DW ag LOD, release hold with neighbour, start to attain close ballroom hold (<i>Lady : RF side pointing DC, TH</i>)	TH	1
	LF moves towards RF w/w, facing DW ag LOD (<i>Lady : LF moves to RF w/w, facing DC, T</i>)	T	2
	LF closes to RF w/w facing DW ag LOD (<i>Lady : LF closes, fac DC, TH</i>)	TH	3
28	Hold closed ballroom position, backing DC, ensure weight on man's RF and lady's LF	WF man RF WF lady LF	123
<u>Natural Viennese Waltz Turns x 3 - Draw Feet Together</u>			
29	LF back & slightly to side backing LOD (<i>Lady : RF forward fac LOD*, HT</i>)	TH	1
	RF to side (small step) pointing DC (<i>Lady : LF side long step, backing C, T</i>)	T	2
	LF closes to RF facing DC (<i>Lady : RF closes to LF, backing DC, TH</i>)	WF	3
30	RF forwards facing LOD* (<i>Lady : LF back & sl side, backing LOD, TH</i>)	HT	1
	LF to side long step, backing C (<i>Lady : RF side small step, pointing DC, T</i>)	T	2
	RF closes to LF backing DC (<i>LF closes, facing DC, WF</i>)	TH	3
31	LF back & slightly to side backing LOD (<i>Lady : RF forward fac LOD*, HT</i>)	TH	1
	RF to side (small step) pointing DC (<i>Lady : LF side long step, backing C, T</i>)	T	2
	LF closes to RF facing DC (<i>Lady : RF closes to LF, backing DC, TH</i>)	WF	3
32	RF forward facing LOD (<i>Lady : LF backwards backing LOD, TH</i>)	HT	1
	LF draws to RF w/w facing LOD (<i>Lady : RF draws to LF w/w, backing LOD, T</i>)	T	2
	LF closes to RF w/w facing LOD (<i>Lady : RF closes to LF w/w backing LOD, T</i>)	T	3

* We have suggested dancing a LOD alignment, rather than DC, on the RF (forward) of the Natural turns